

Pray with Fred --- June 27, 2009:

Jesus, in Your Word, the Bible, You describe the kind of life You came to give to people. You came as Emmanuel, "God with us," to offer abundant life. Unlike its most common meaning though, abundant life to You, our God, does not mean more, but less. Less worry. Less anger. Less coveting of each other's possessions, which is no fun either. Abundant life for You, Jesus, is a life freed from the tyranny of things. It is a life lived in harmony with the will of God, a life of serenity, security, and a peace that the world cannot give, and the world cannot take away. The abundant life, to You Jesus, is a life free from fear, even the fear of death.

Our Father, we can choose to define ourselves by the world's standards, or we can choose life, the life that You offer, Jesus. Ah, in You, abundant life can be right now, and then eternal life forever. Why would we choose anything else!?

Holy Spirit of God, as we are human, please **always** move us to choose the abundant life You offer. You are so good! We praise You for Your goodness. We praise You for life! Amen.